



NOV 1ST -30TH

ALS

AWARENESS

COMPETITION

Entry Deadline:

November 1st will be the roster/check deadline. November 15th will be the deadline on submitting all videos online. All routines will be judged online and results will be on the website: www.virtualstarscompetition.com. Top teams and competitors will be mailed awards. Contact: 630-975-6791 virtualstarschampionships@gmail.com



**Coming to a gym
NEAR YOU!**

**The World's First
Virtual Stars**

**ALS Awareness
Competition**

**Awards are
mailed**

**Judge Rich
Cromwell**

ENTRY FEE:

All Levels \$40 per enrolled athlete

Team Entry:

Each team can put up 2 teams: An Optional Team and a Compulsory Team (\$100 per team)

www.virtualstarscompetition.com

Email:

virtualstarschampionships@gmail.com

Phone: 630-975-6791

TEAMS AND AWARDS:

A compulsory team will consist of one level 4, one level 5, one level 6 and one level 7 video recorded on each event. If you do not have a gymnast that competes at a certain level, you are in luck... because only the top 3 scores will count on each event for a team score. Only submit their best routines in a competition uniform required. An optional team will consist of 3 of the gym's best routines video recorded on each event... Level 8, 9 or 10 gymnasts will combine to make one team award featuring the 3 highest scores on each event. Awards and t-shirts will be mailed directly to gym that is entered, after judges have finished judging the meet electronically. Awards will only be given for the top 3 teams in the compulsory division and the top 3 teams in the optional division. A winner on each event for the Optional division and a winner on each event for the Compulsory division will also receive a trophy/ banner/ or medal. Once each gym has received their trophy/ banner by mail it is requested that each team takes a picture with their trophy/ banner, and please email the picture to virtualstarschampionships@gmail.com to be posted to the meet website.

Virtual Stars will donate \$10.00 per athlete enrolled in the ALS Awareness Meet to: <http://www.alsa.org>

Just what is ALS? (Quoted from: <http://www.alsa.org>)

"ALS was first found in 1869 by French neurologist Jean-Martin Charcot, but it wasn't until 1939 that Lou Gehrig brought national and international attention to the disease. Ending the career of one of the most beloved baseball players of all time, the disease is still most closely associated with his name. Amyotrophic lateral sclerosis (ALS) is a progressive neurodegenerative disease that affects nerve cells in the brain and the spinal cord. Motor neurons reach from the brain to the spinal cord and from the spinal cord to the muscles throughout the body. The progressive degeneration of the motor neurons in ALS eventually leads to their death. When the motor neurons die, the ability of the brain to initiate and control muscle movement is lost. With voluntary muscle action progressively affected, patients in the later stages of the disease may become totally paralyzed."

Rules:

- 1. Timing:** Any videos submitted to a Virtual Stars competition must be recorded during standard competition times. Athletes should not be kept in the gym over 5 hours and no routines can be recorded prior to 8:00am or after 10:00pm. Videos may not be dated from a previous season or competition. A single date must be provided below that all videos were recorded for the Virtual Stars competition.
- 2. Gymnastics Body:** Any routine submitted that does not show a full gymnastics body from mount to dismount is subject to score a 0.0 from an online judge based on whether the judge feels that the video compromised the judge's professional assessment.
- 3. Cheating:** A judge can give a 0.0 to any routine that looks like it was video manipulated or "cut and pasted". This is cheating and a team may be subject to disqualification.
- 4. Judge Inquiry:** There will be no inquiring about start values or deductions from judges or disputing a score of 0.0.
- 5. Injury:** Virtual Stars Team Championships is not responsible for any injury during performance. The club in which the gymnast trains will be responsible for any injuries.
- 6. Date:** A single date should be provided below to ensure that gymnasts performed specifically for the ALS Awareness Meet and not from another competition or for any other purpose than for the ALS Awareness.

SEND WITH ROSTER AND CHECK: Virtual Stars 1710 Windward Drive, Pingree Grove, IL 60140

*Please indicate in your roster how many t-shirts your team wants with sizes (\$10 extra per shirt)

Coach's Signature _____ Date _____

*my signature states that I have read the rules and that all recorded videos for Virtual Stars comply to these rules.

Print Name _____

Single date that all videos were recorded: (Suggested) _____